



JOKTA Academy

T-20 MAINS PROGRAMME Target 20 Marks Everyday... **IAS/HAS**

Includes:

- Daily 20 Marks tests
- Daily Evaluation and Feedback
- Daily Class Discussion
- AWSM Notes (printed copies will be sent by post)

Daily Schedule:

- Test Timings: 4-5PM
- Class Discussion: 5-6PM
- Online Students will send scanned PDF of daily test.
- Online Students can attend Live class discussion by zoom app or recorded class will be available later.

Contact: 97794-64470, 6280050509 (WhatsApp only)

Venue: Jokta Academy, Bhaskar Building, Sector 25D, Chandigarh.

Starting from 6th January 2025 till 31st March 2025

GS Tests on Weekdays and Essay Tests on Sundays.

Schedule	T20 Topics- Mains Syllabus
Test-1	Historical perspective of Indian Cultural heritage, <i>Art and Architecture of Indus Valley Civilisation</i>
Test-2	<i>Art and Architecture of Mauryan Age, Post-Mauryan Age, Gupta Age, Mughals and British Period</i>
Test-3	Literature and Art forms from ancient times to 1947 (Major structural and rock-cut temple architecture, sculptural art and major schools of paintings).
Test-4	Modern Indian history from mid- 18th century to 1980. <i>Governor Generals and Viceroy and their contribution including important events, Acts upto 1858, Social reforms, Tribal and peasants movements, 1857 Revolt</i>
Test-5	Freedom Struggle: its various stages <i>till 1947</i>
Test-6	Role of eminent personalities from different parts of India. <i>Socio-Economic Policies and Administration under British Rule (Education, Press, Bureaucracy, Agriculture and Land tenure, Forest, Infrastructure, etc</i>
Test-7	Industrial Revolution and the emergence of Capitalism. Fascist Ideology and its global implications.
Test-8	World Wars and boundary settlements after the First and the Second World Wars.
Test-9	Concept of Decolonization, Nationalism and Socialism, Globalization and concept of Modernity.
Test-10	Emergence and growth of early medieval states: Kangra, Kullu and Chamba. Hill States and their relations with the Mughals and the Sikhs.
Test-11	Gorkha invasion- its nature and consequences, Treaty of Segauli. Hill States under the Colonial power: Political and Administrative History. Grants, Sanads and territorial aggression. Establishment of British Cantonments. National Movement with

	special reference to Praja Mandal movements in Himachal Pradesh, 1848-1948.
Test-12	Social and Economic conditions under colonial period with special reference to social practices of Beth, Begar and Reet. Five Year Plans and vision for the developed Hill State. Survey of artistic and cultural Heritage (Temples, Buddhist Monasteries and Paintings).
Test-13	Introduction to Disasters: Concepts, definitions, disaster classifications including natural and man-made disasters. Social and Environmental impacts of disasters. Disaster profile of the country. Approaches to Disaster Risk Reductions. Disaster management models.
Test-14	Roles and responsibilities of stakeholders including community, Concept of first responders. Interrelationship of disaster and development. Disaster management in India including Disaster Management ACT 2005, National and state policies, Plans and institutional mechanism in the country.
Test-15	Geographical Introduction to India, India as a unit of Geographical Study. Geomorphic set up (Mountain Ranges and Rivers and other Water Bodies).
Test-16	Aspects of the Physical Geography of India –Climate, Soils and Vegetation
Test-17	Physical geography -II
Test-18	Human Aspects – Population distribution, Urban Population, Internal Migration. Language and Literacy
Test-19	Villages and Towns in India. Settlements, Industry and Transport.
Test-20	Geography of Himachal Pradesh: Relief, Drainage, Vegetation cover and types.
Test-21	Climate and climatic zones in Himachal Pradesh. Geographical Regions of Himachal Pradesh (Shiwalik, Doons and Low Valleys, Outer Valleys of Sub Himalaya, Mid Hill Tracts of High Himalaya, High hills and Valleys and Inner Zones).
Test-22	Human Aspects: Quantitative, Qualitative and Temporal characteristics of Population, Urbanisation pattern. Forest, Hazard Vulnerability and Risk Profile of Himachal Pradesh.
Test-23	Salient features of Indian Society, Unity in Diversity. Social stratification in India.
Test-24	Social Institutions: Family, Marriage, Kinship and Religion
Test-25	Women empowerment and social justice: Policies for women Empowerment in India, Laws for protection of women, women security and safety initiatives in India. Child Rights and Right to Education. Rights of differently-able persons and quality of life for them.
Test-26	Society and Culture in Himachal Pradesh: Culture, customs, fairs and festivals, and religious beliefs and practices, recreation and amusement.
Test-27	Tribes of Himachal Pradesh: their historical, social, cultural, economic and legal aspects.
Test-28	Family, marriage, kinship, and caste system in Himachal Pradesh.
Test-29	Core Values in public service / governance. Philosophical basis of public service / governance and Integrity, Professionalism, Accountability. Objectivity and Transparency, information sharing and right to information, codes of conduct, work culture, challenges of corruption and political pressures.
Test-30	Gandhian Thought: Truth and Non-violence, Satyagraha, Ends and Means, Religion and Politics.
Test-31	Constitution of India: Historical underpinning, evolution, salient features.
Test-32	Significant provisions including Fundamental Rights, Directive Principles of State Policy, Fundamental Duties.
Test-33	Amending process and important Constitutional Amendments and theory of basic

	structure. Parliament and State legislatures, Structure, Organization and functioning of the Union and State Executive and the Judiciary. Functions and responsibilities of Union and States, issues and challenges pertaining to the federal structure, devolution of powers and finances up-to local level and challenges therein.
Test-34	Salient features of the Representation of People's Act.
Test-35	Appointments to various constitutional posts, powers, functions and responsibilities of various constitutional bodies in India.
Test-36	Reorganization and politics of statehood. Role of Prajamandals
Test-37	Development of political parties, major Political parties and their support base and performance in the Assembly and Parliamentary elections in Himachal Pradesh. Politics of sub-regionalism and pressure groups in the State. Structure, organization and functioning of Statutory, Regulatory and various Quasi- Judicial bodies in Himachal Pradesh.
Test-38	Institutional framework, Policies and Interventions for development in various sectors in India. Issues relating to quality of life: livelihood, poverty, hunger, disease and social inclusiveness.
Test-39	Governance, Good governance, Citizen Charters, effective public service delivery, transparency, accountability and ethics in governance in India.
Test-40	District Administration: Changing role of Deputy Commissioner. Local self-government in urban and rural areas in India. Role of Non-Government Organizations (NGOs), Self Help Groups (SHGs) and Civil Society in Governance in India.
Test-41	Bodies constituted, Policies, Programmes and Schemes for welfare of Scheduled Castes, Scheduled Tribes, Women, Minorities, Backward classes, Differently-abled persons, and children in India.
Test-42	India's Bilateral relations with USA and Russia
Test-43	India's Bilateral relations with China, Pakistan, Bangladesh, Sri Lanka, Nepal, Bhutan
Test-44	India's Bilateral relations with Afghanistan, Maldives and Middle east countries. India's look east policy.
Test-45	Regional and Global groupings and agreements involving India and affecting India's interests.
Test-46	Effects of the policies of developed and developing countries on India's interest, Indian Diaspora. Important international Institutions, agencies and fora, their structure and mandate.
Test-47	Governance in Himachal Pradesh: The Himachal Pradesh Public Service Guarantee Act 2011; Right to Information Act, 2005 and rules made thereunder by the Himachal Pradesh Government. Administrative reforms for effective public service delivery in Himachal Pradesh.
Test-48	Implementation of 73rd & 74th Constitutional amendments in Himachal Pradesh. Issues and Challenges. Programmes and policies for the welfare of differently-abled persons, women and children in Himachal Pradesh.
Test-49	Cyber crime and drug menace – mechanism to detect and control it in Himachal Pradesh. Enactments made by Himachal Pradesh Government to protect and promote the interests of agrarian society.
Test-50	Various policies framed by the Government of Himachal Pradesh for the socioeconomic development of Scheduled Castes and Scheduled Tribes of the State.

	Tribal welfare administration, Tribal sub plan and Single line administration in Himachal Pradesh.
Test-51	Characteristics of Indian Economy: Demographic Profile, Demographic Dividend and Population Policy. Sectoral Composition with respect to contribution to Gross Domestic Product (GDP) and Employment. Poverty and Inequality, Unemployment, Inflation in India.
Test-52	Industrial Growth in India. Regulatory framework for money and banking: Reserve Bank of India (RBI), Commercial banks and Regional Rural Banks. Monetary policy, Foreign exchange, Balance of Payment Scenario.
Test-53	Foreign Trade: Policy, Composition and Direction, Impact of Liberalization /Privatization and Globalization. Economic Planning in India.
Test-54	Five Year Plans: strategies and outcomes, Public / Private / Joint Sectors. Fiscal Policy, Fiscal Responsibility and Budget Management Act, 2003, Debt and Investment in India: Current Status, Growth and Development experience including Natural Resource Management. Sustainable development and Inclusive growth. Measurement of economic development: Physical Quality of Life Index (PQLI), Millennium Development Goals, Human Development Index (HDI) / Gender Development Index (GDI) / Gender Empowerment Measure (GEM).
Test-55	Latest / Current Development Schemes / Initiatives / Institutional Changes (e.g. Swach Bharat Mission, Make in India, Digital India, Skill India, Sansad Adarsh Gram Yojana, Mahatma Gandhi National Rural Employment Guarantee Scheme (MGNREGS), National Institution for Transforming India (NITI) Ayog etc.). International Financial and Economic Organizations: International Monetary Fund (IMF), World Trade Organization (WTO), International Bank for Reconstruction and Development (IBRD), International Development Association (IDA), United Nations Conference on Trade and Development (UNCTAD), Organization for Economic Cooperation and Development (OECD), Brazil, Russia, India, China and South Africa (BRICS).
Test-56	Economy of Himachal Pradesh: Demographic profile and Human resource, Sectoral distribution of Gross State Domestic Product (GSDP). Diversification in Agriculture and allied activities, Land tenure and size of land holdings. Industrialization in the state.
Test-57	Skilled / Unskilled labour. Revenue generation with special reference to hydro potential, tourism, flora and fauna. Cottage and Small Scale Industries. Tax base, Pros and Cons of Special Category status. Appraisal of education, Health, Physical and Financial Infrastructure Development.
Test-58	Applications of space technology in natural resources, development and communications. Important missions and programmes of Department of Space and Indian Space Research Organization.
Test-59	Historical evolution of Indian Space programme. Lunar, interplanetary and Earth Observation Missions. Remote Sensing and Communication satellites. Applications of Remote sensing and Geographic Information System (GIS) for natural resources monitoring and applications benefiting common man.
Test-60	Developments in energy sectors such as Hydro power, non conventional sources of energy and nuclear energy including policies, programmes and research base in the country.
Test-61	Concepts of non conventional, renewable, clean and environment friendly energy sources.

	Role of energy in sustainable development.
Test-62	Modern and emerging technologies and initiatives in the State of Himachal Pradesh Including biotechnology policy, research, vision, scope and applications for developing horticulture, medicinal and aromatic plants resources of the State. IT policy of Himachal Pradesh and its role in governance, concept of Himachal State Wide Area Network (HIMSWAN), State plans of e-governance, concept of LokMitra Kendra and Aryabhatta Geo-Informatics Space Application Centre (AGISAC).
Test-63	State Biodiversity strategy and Action Plan. Endangered and threatened species of Himachal Pradesh. Factors responsible for Bio diversity decline in Himachal Pradesh. Relevance and role of Intellectual Property Rights, Geographical Indications and Traditional wisdom and knowledge in sustainable development of the State.
Test-64	Issues, concerns, policies, programmes, conventions, treaties and missions aimed at environment protection, and dealing with the problem of climate change.
Test-65	State of environment reports. Environment protection and pollution control Act and rules. Environment Impact Assessment. National Action plans on Climate Change.
Test-66	Himalayan ecology, biosphere reserve, Science and economics of climate change. Social and ethical issues in use of Biotechnology.
Test-67	Latest developments in science and technology for harnessing agriculture, horticulture, medicinal and herbal resources in the country. National mission for sustainable agriculture, mission for integrated development of horticulture.
Test-68	Concept of organic farming, seed certification, rain water harvesting, techniques of irrigation and soil conservations and soil health cards.
Test-69	Tourism policy, potential and initiative in Himachal Pradesh. Types of tourism: religious, adventure, heritage, Important tourist destinations in Himachal Pradesh. Social, Economic and Cultural implications of Tourism.
Test-70	Concept of Eco-Tourism and green tourism and their role in sustainable development of the State. Environmental concerns of tourism industry, both positive and negative effects including climate change with reference to Himachal Pradesh.
Test-71	Essay1: General Topic (Current Affairs)
Test-72	Essay2: Women (Social Issues)
Test-73	Essay3: MK Gandhi (Ethics and Thought)
Test-74	Essay4: Polity and Governance (Current Issues)
Test-75	Essay5: Banking and Commerce (Current Issues)
Test-76	Essay6: Agriculture and Farmer welfare (Current Issues)
Test-77	Essay7: Space and Technology (Current Issues)
Test-78	Essay8: Philosophical (Personnel development and Education)
Test-79	Essay9: Philosophical (Social understanding)
Test-80	Essay10: International Relations (Current Issues)